



February 2012

I am excited to announce virginiairwingolf.com.au is now live.

Please have a look, provide some feedback ...and save to your favourites.

My hope is that you will access this site regularly to stay informed of the latest training ideas, physical information, nutrition, short game challenges, drills, tips and news. I'm sure you will enjoy my blogs, tips and regular updates.

Creating my own website has been a really interesting learning experience but more importantly it has provided me with a valuable coaching tool - allowing me to communicate with you, share and provide information on just about anything.

What's on in February?

If you were unable to secure a spot in my **Short Game Summer Series**, you are in luck - I will be holding a final two sessions this month. (See below for times)

New! Supervised Practice starts this month. This will be a training session with you in charge. I will be there to guide you with training ideas, bounce ideas off, provide instant feedback and steer you in the right direction. It is **not** a lesson, but time you have committed to for **dedicated practice**. We all need to practice and we all have limited time - so committing to a supervised practice session will see you **get the most out of your time on the range**. (See below for times)

Short Game summer series

Wed 15 & 22 Feb
4pm to 5pm

Min 4 Max 6 per session

Get into Golf

at Indooroopilly Golf Club
3 week beginner clinic

Tues 7, 14, 21 Feb 10-11am

join fellow golfers for refreshments in the Poinciana Bar after your session

Max of 8 per class

Supervised Practice

Tues 7, 14 & 21 Feb
3.30pm to 4.30pm

Don't forget to have a look at my website www.virginiairwingolf.com.au and follow me on twitter [VlrwinGolf](https://twitter.com/VlrwinGolf) for regular reminders.

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GOLF CLUB



Virginia Irwin^{Golf}
EVERY PLAYER

